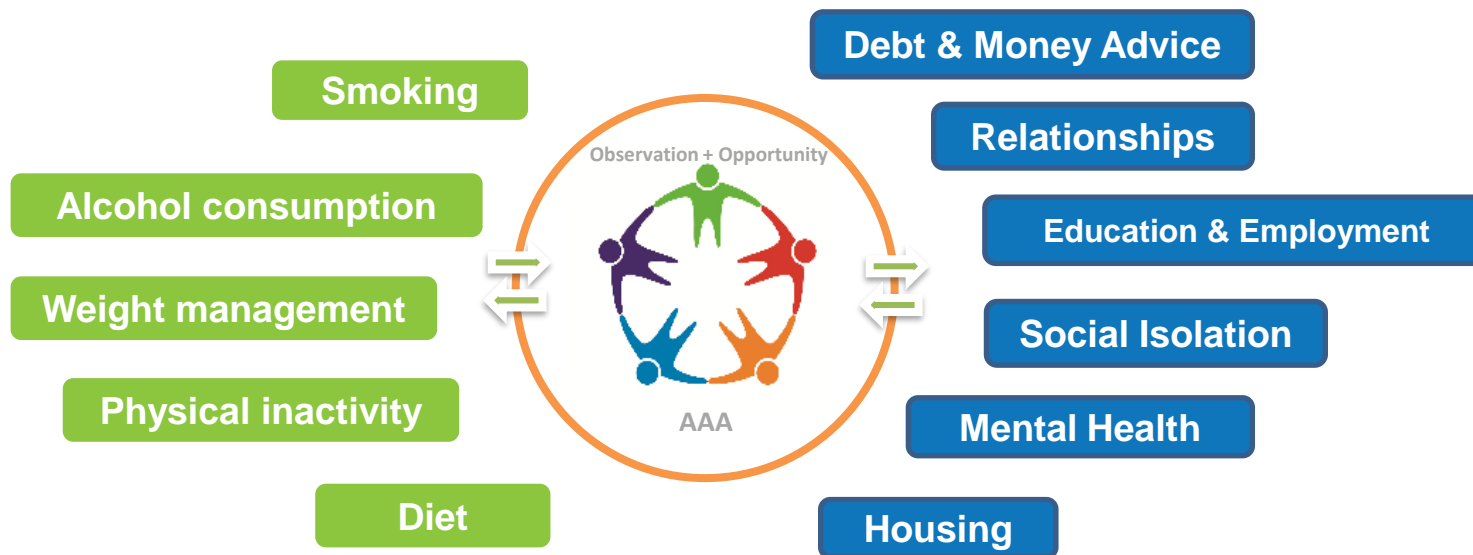


MECC and the wider determinants of health

What health and wellbeing issues/risk factors can be discussed using the principles of MECC+ and healthy conversation skills?



Other relevant issues... *vaccine hesitancy*,
delays for receiving NHS treatment etc.

Healthy Conversation *Philosophy*

I am not responsible for the choices people make

Being given information alone does not make people change

People come to us with solutions

It is not possible to persuade people to change their habits

Healthy Conversation *Skills*



For more information and resources go to www.healthyconversationskills.co.uk